

CERTIFICATE

OF PARTICIPATION

This is to certify that

Naiol Sandford

Has successfully participated & completed the

5km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 00:39:14

PACE 07:49/km

OVERALL 18 of 97

Date

23 June 2019, Sun

GENDER 11 of 31

OPEN 7 of 15

